



## **Progressive Discipline Policy**

**To ensure the safety and positive experience for all swimmers, the following progressive discipline steps will be taken for those swimmers who disregard pool/safety rules, abuse or damage equipment, and/or display disrespect for the coaches, teammates, and/or lifeguards.**

(Refer to the Code of Conduct Policy)

1. Verbal warning to the swimmer
2. Swimmer will sit out 5-10 minutes (maybe required to do dry land exercises)
3. Swimmer will be asked to leave the activity or event for the day. Parents will be notified and an incident report will be filed
4. A meeting with the parents, swimmer, and coach/aquatics coordinator will take place to devise a plan to rectify the behavioral issues
5. If the behavior continues, parental attendance will be required at practice until the aquatics coordinator/coach deems the situation under control
6. If the situation does not improve, the swimmer will be asked not to participate for an extended period of time in any team activities. This action will be communicated by the aquatics coordinator/coach to the parent and swimmer.

**Thank you for reading the above and discussing it with your swimmer(s) on how it relates to the sport of swimming, our swimmers and our team. If we all work together, our team will be successful and achieve together the goals of our coaches, swimmers and team.**

